

A hand with a light skin tone, wearing a lime green sleeve, points its index finger towards a green banner. The banner has a rough, torn-edge appearance and contains the text 'Include Autism' in white, bold, sans-serif font.

Include Autism

Including autistic young people in youth groups

What is Include Autism?



Include Autism

Include Autism is a project that has been funded by Comic Relief.

There were three project meetings and online consultations with autistic young people, parents and youth professionals.

Within this project we created a **toolkit** and guide called **Include Autism** which will give people advice on how to make youth groups and clubs accessible and autism-friendly.

We are also developed a **workshop** to train up youth groups around the country on how to make use of the guide.

What did we do?

- The meetings were held on December 8th, January 12th and February.
- We collected feedback about youth groups from autistic young people to become part of the guide.
- We co-created and co-delivered workshops to youth organisations to teach them about being inclusive.
- The youth patrons involved with the project decided on the toolkit and workshop design.

Why did we do this project?



Include Autism

- The Youth Patrons told us that Youth Council an inclusive place to be.
- Youth Groups across the country haven't always been inclusive of autistic young people or their support needs.
- We want to change youth groups to be a better environment for autistic young people.
- To do this we needed to create a resource and make this something people want to learn about.
- We are gathered ideas and feedback so that the project was led by autistic young people and relevant to what they are interested in.